

# Jordan load shifting



## Overview

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The 14-time NBA All-Star spoke to the topic of "load management" during an "MJ: Insights to Excellence" conversation with Mike Tirico that aired Tuesday as part of NBC's coverage of the 2025-26 NBA season. "It shouldn't be needed, first and foremost," Jordan said.

## Jordan load shifting

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### [Michael Jordan's thoughts on load management? 'It shouldn't be](#)

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About how long do you have to be on, before the stars and moon align properly and you have the opportunity to go M-F? How long typically before you can get into a specialty area,



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### [Michael Jordan weighs in on load management: 'It shouldn't be needed'](#)

Load management has become common across the league, with decisions often coming from medical staffs rather than players. Still, Jordan's old-school mindset remains clear.



### **Woman Accused Of Raping Child**

Plymouth woman accused of raping child free on bail Updated 39 minute (s) ago Heidi Bartlett, 40, of Plymouth faces four charges, including indecent assault and battery on a child under

[Carver woman accused of stabbing boyfriend](#)

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[Michael Jordan Makes Feelings Clear on NBA's Load Management](#)

In a recent interview on NBC, Jordan sounded off on the idea of load management and compared it to his own experiences as a player. "It shouldn't be neededI never wanted to miss a

[Michal Jordan gives impassioned take on load management: 'It](#)

The latest segment is about the idea of load management - players sitting out a game here or there in the interests of staying healthy for the long run. Michael doesn't like that.



[Cyclists, drivers are wheeling and dealing . Massachusetts Cop Forum](#)

On the last Friday of each month a group called Critical Mass organizes bike rides starting in Copley Square to test the patience of downtown drivers, arguing cyclists, too, own a piece

['There's No Way I Can Sit': Michael Jordan Explains](#)

Jordan, who played all 82 games nine times in his 15-year career, spoke on the way load management has taken over the NBA and allowed



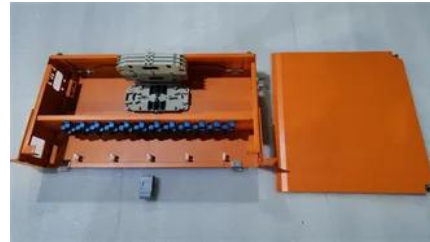


[Burned body removed from scene in Hyannis, identified as](#)

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[NBC's Michael Jordan rips load management trend in](#)

Michael Jordan shares his thoughts on load management on the second installment of MJ: Insights to Excellence.



[Michael Jordan blasts load management in NBA on](#)

Former Chicago Bulls icon Michael Jordan played all 82 regular season games nine times in his 15-year NBA career and is not a fan of load

[Michael Jordan Calls Out NBA's Load Management](#)

Michael Jordan criticized today's NBA stars for load management hurting the game and ruining the live experience for many fans.



[Michael Jordan criticizes load management in NBA: 'It](#)

Chicago Bulls legend Michael Jordan isn't a fan of NBA players taking days off to rest. Jordan criticized the idea of load management Tuesday,

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USMCTrooper said: Anyone remember the restaurants inside department stores (anyone here remember department stores?) Grants, Steigers, G Fox .. Jordan Marsh in Braintree had one



[6 Quincy residents seized on warrants. Massachusetts Cop Forum](#)

City, state police make early-morning grabs By The Patriot Ledger QUINCY - Six Quincy residents have been arrested on default warrants. Police Chief Robert Crowley said the arrests were

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[Michael Jordan slams load management. shares why](#)

Michael Jordan criticized the modern NBA's trend of load management, saying players have a duty to show up for fans and should take

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