

What to do if you get an electric shock from a communication base station



Overview

Remember the steps to take in the event of an electrical shock: assess the situation, disconnect the power source, call for help, administer first aid, and monitor the victim. Your awareness and preparedness could save lives. Thank you all for your attention today.

What to do if you get an electric shock from a communication base



[Responding to Electrical Shock Incidents](#), [HSENation](#)

When encountering an electrical shock incident, follow these steps: Do not touch the victim while they are in contact with the electrical source. If

[Acute sinusitis: Do over-the-counter treatments help?](#)

Medicine you can get without a prescription may give some relief from acute sinusitis symptoms.



[4 Ways to Treat a Victim of Electrical Shock](#)

Electric shock accidents are caused by an electric current passing through the body. The effects of a shock can be anything from tingling to instant death. Knowing what to do in the event of an electrical shock could save a life.

Exercise: How much do I need every day?

You can do strength training by using weight machines or weights, your own body weight, heavy bags or resistance bands. You also can use resistance paddles in the water or do activities



[Weight training: Do's and don'ts of proper technique](#)

You might learn weight training techniques by watching friends or others in the gym, but sometimes what you see isn't safe. Weight

training technique that isn't proper can lead to muscle

[Electric Shock First Aid , St John Ambulance](#)

Once you're sure the contact has been broken between the casualty and the electrical source, perform a primary survey and treat any injuries. Call 999 or 112 for emergency help.



[Essential Electrical Shock First Aid: Immediate](#)

Remember the steps to take in the event of an electrical shock: assess the situation, disconnect the power source, call for help, administer first aid, and

[Cardiopulmonary resuscitation \(CPR\): First aid](#)

Cardiopulmonary resuscitation (CPR) is an emergency treatment that's done when someone's breathing or heartbeat has stopped. For example, when someone has sudden cardiac



[First Aid Response for Electrical Shock Incidents](#)

First Aid Response for Electrical Shock Incidents: Learn the correct first aid steps for treating electrical shock victims, including how to safely

Arthritis pain: Do's and don'ts

Arthritis is a leading cause of pain and limited mobility worldwide. There's plenty of advice on managing arthritis and similar conditions with exercise, medicines and stress management. But





[How well do face masks protect against COVID-19?](#)

Face masks can help slow the spread of coronavirus disease 2019 (COVID-19). Learn about mask types, which masks to use and how to use them.

[How to Perform Basic First Aid for Electric Shock](#)

Learn how to perform basic first aid for electric shock victims and about our first aid course that covers cardiopulmonary resuscitation (CPR).



[Electrical Shock \(Electrical Injury\) First Aid](#)

For low-voltage electric shocks without burns: See a healthcare provider within 48 hours. Treatments for internal electric shock injuries are most effective within that window of time.

Triglycerides: Why do they matter?

Why do high triglycerides matter? High triglycerides may contribute to hardening of the arteries or thickening of the artery walls, called arteriosclerosis. This condition increases the risk of



[Automated external defibrillators: Do you need an AED?](#)

An automated external defibrillator (AED) is a portable device that can be used to treat a person whose heart has suddenly stopped working. This condition is called sudden cardiac arrest.

[Osteopathic medicine: What kind of doctor is a D.O.?](#)

You know what M.D. means, but what does D.O. mean? What's different and what's alike between these two kinds of health care providers?



Hand-washing: Do's and don'ts

Hand-washing: Do's and don'ts Hand-washing is an easy way to prevent infection. Know when and how to wash your hands, and how to get children into the hand-washing habit.

[Electrical Shock First Aid: 101 Life-saving Tips](#)

When someone isn't breathing normally or responding after an electrical shock, you're in a race against time. Call 911 immediately - or better yet, have



Electrical shock: First aid

This guide outlines the steps you should take to respond to electric shock victims effectively. Before you approach or assist the victim, prioritize your safety and

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